

Is Your Daily Supplement This Complete?

One of the Many Ingredients in Catalyn[®],
Carrot Root, Contains Over 200
Concentrated Nutrients.

Some of the Nutrients Known in Carrot Root

Nutrients in **bold** are what are found on a typical supermarket daily supplement panel.

2-METHOXY-3-SEC-BUTYL-PYRAZINE	CAROTOL	KAEMPFEROL-3-O-BETA-D-GLUCOSIDE	PHYTIN
3,4-DIMETHOXY-ALLYL-BENZENE	CARYOPHYLLENE	KILOCALORIES	PHYTOFLUENE
3-METHOXY-4,5-METHYLENEDIOXY-PROPYL-BENZENE	CARYOPHYLLENE-OXIDE	LAURIC ACID	PHYTOSTEROLS
5,7-DIHYDROXY-2-METHYL-CHROMONE	CHLOROGENIC ACID	LECITHIN	POTASSIUM
6-HYDROXY-MELLEIN	CHOLINE	LEUCINE	PROLINE
6-METHOXY-MELLEIN	CHROMIUM	LIMONENE	PROTEIN
ACETALDEHYDE	CIS-BETA-BERGAMOTENE	LINALOOL	PSORALEN
ACETONE	CIS-GAMMA-BISABOLENE	LINOLEIC ACID	PUFA
ACETYLCHOLINE	CITRIC ACID	LINOLENIC ACID	QUINIC ACID
ALANINE	COBALT	LITHIUM	RHAMNOSE
ALPHA-AMYRIN	COPPER	LUPEOL	RIBOFLAVIN
ALPHA-BERGAMOTENE	COUMARIN	LUTEIN	RUBIDIUM
ALPHA-CAROTENE	CYANIDIN-DIGLYCOSIDE	LUTEOLIN-7-O-BETA-GLUCOSIDE	SABINENE
ALPHA-CARYOPHYLLENE	CYSTINE	LYCOPENE	SCOPOLETIN
ALPHA-HUMULENE	D-GLUCOSE	LYSINE	SELENIUM
ALPHA-IONONE	DAUCIC ACID	MAGNESIUM	SERINE
ALPHA-KETOGLUTARIC ACID	DAUCOSTEROL	MALIC ACID	SFA
ALPHA-PHELLANDRENE	DEC-2-EN-1-AL	MALTOSE	SHIKIMIC ACID
ALPHA-PINENE	DECA-TRANS-2,TRANS-4-DIEN-1-AL	MALVIDIN-3,5-DIGLUCOSIDE	SILICON
ALPHA-TERPINENE	DEHYDROASCORBIC ACID	MANGANESE	SODIUM
ALPHA-TERPINEOL	DIOGENIN	MANNOSE	STARCH
ALPHA-TOCOPHEROL	DIPENTENE	METHIONINE	STEARIC ACID
ANILINE	DODECAN-1-AL	METHYLAMINE	STIGMASTEROL
ARABINOSIDE	EO	MEVALONIC ACID	STRONTIUM
ARGININE	EPSILON-CAROTENE	MOLYBDENUM	SUBERIN
ASCORBIC ACID	ETHANOL	MUFA	SUCCINIC ACID
ASH	ETHYLAMINE	MYRISTIC ACID	SUCROSE
ASPARTIC ACID	ETHYL-METHYL-AMINE	MYRISTICIN	SULFUR
BARIIUM	FALCARINDIOL	N-METHYL-ANILINE	SYRINGIC ACID
BENZOIC-ACID-4-O-BETA-D-GLUCOSIDE	FALCARINOL	N-METHYL-BENZYLAMINE	TARTARIC ACID
BENZYLAMINE	FAT	N-METHYL- PHENETHYLAMINE	TERPINEN-4-OL
BERGAPTEN	FERULIC ACID	NEUROSPORENE	TERPINOLENE
BETA-AMYRIN	FIBER	NIACIN	TETRADECENOIC ACID
BETA-BISABOLENE	FLUORINE	NICKEL	THIAMIN
BETA-CAROTENE	FOLACIN	NITROGEN	THREONINE
BETA-CRYPTOXANTHIN	FOLATE	NON-2-EN-1-AL	TIN
BETA-FARNESENE	FRUCTOSE	NONAN-1-AL	TITANIUM
BETA-PINENE	FUMARIC ACID	NOPOL	TOLUIDENE
BETA-SITOSTEROL	GALACTOSE	OCTAN-1-AL	TRANS-GAMMA-BISABOLENE
BETAINE	GAMMA-BISABOLENE	OLEIC ACID	TRYPTOPHAN
BIPHENYL	GAMMA-CAROTENE	OSTHOLE	TYROSINE
BORNEOL	GAMMA-DECANOLACTONE	OXALIC ACID	URONIC ACID
BORNYL-ACETATE	GAMMA-MUUROLENE	OXYPEUCEDANIN	VALINE
BORON	GAMMA-TERPINENE	P-COUMARIC ACID	VITAMIN A
BROMINE	GERANIOL	P-CYMENE	VITAMIN C
BUTYRIC ACID	GLUTAMIC ACID	P-HYDROXYBENZOIC ACID	VITAMIN B₆
CADMIUM	GLUTAMINE	PALMITIC ACID	VITAMIN E
CAFFEIC ACID	GLYCINE	PALMITOLEIC ACID	VITAMIN K
CAFFEOLYLQUINIC ACID	HCN	PANTOTHENIC ACID	WATER
CALCIUM	HEPTAN-1-AL	PECTIN	XANTHOPHYLLS
CAMPESTEROL	HERACLENIN	PECTINESTERASE	XANTHOTOXIN
CARBOHYDRATES	HISTIDINE	PEROXIDASE	XYLITOL
CAROTATOXIN	IONENE	PHENYLALANINE	XYLOSE
	IRON	PHOSPHOFRUCTOKINASE	ZINC
	ISOCITRIC ACID	PHOSPHORUS	ZIRCONIUM
	ISOLEUCINE		
	ISOPIMPINELLIN		
	ISOPRENE		

Duke, James A. Handbook of Phytochemical Constituents of GRAS Herbs and Other Economic Plants. Boca Raton: CRC Press LLC. 1992.
www.ars.usda.gov/Services/docs.htm?docid=7783



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